



WELCOME TO PARENTING FACILITATION/COACHING

I have been appointed by the Court, or agreed to by your attorneys to be your Parenting Facilitator. As you review the forms for Parenting Facilitation, you will find the Parenting Facilitation (PF) Agreement/Contract and Expectations. Please print this form, along with the others, read it carefully and sign it before you come to your first individual session. Please feel free to go over this contract with your attorney and/or we can discuss any questions you may have at our first session. If you also have a copy of your most recent Court order and/or Divorce Decree, please bring me a copy of that, as well.

It is very important that you fully understand my role as your Parenting Facilitator. As noted in my PF Agreement, this process is NOT psychotherapy or counseling and insurance will not provide any third-party reimbursement. This is also not a confidential process and therefore, reports may be made to attorneys and the Court about our work together. Parenting Facilitation is a dispute resolution process and my role is like that of a Parenting Coach. Therefore, although I am licensed by the State of Texas as a Professional Counselor, which is required to be a PF, I am in no way acting as your therapist, or providing therapeutic or counseling services.

Regarding the work we will do in Parenting Facilitation, I will first meet with each parent individually in order to fully hear and understand their “side of the story” and the concerns they have. Following this individual session, we will set up our first conjoint session with both parents. If both parents are remarried and you think it might be helpful to include stepparents in this process that can be discussed as well. Additionally, I may want to visit with your child (ren) in a couple of sessions to assess their feelings, desires, and thoughts, as it relates to what they would want to be different in their family system. This for me is of the utmost importance because everything we do will be in order to serve your children’s best interest.

We will continue to work together in joint sessions throughout this process until we have resolved all the issues, concerns and problems you and your co-parent list as the goals for PF. If you would like to visit with me individually after we begin our conjoint work together, in order to discuss sensitive issues in preparation for our joint sessions, that can be scheduled through my office.

Please note that during our joint sessions, I may record the session along with taking notes. Therefore, when I send our session notes to you via email, you can listen to the session if you desire afterward. However, I would ask that what

happens in our sessions stays in our sessions (just like Vegas), as these are provided to you for educational purposes and to refresh your memory of agreements or recommendations that are made. And I am sure you would agree, your children should never be privy to these recordings.

Lastly, I will be recommending that you and your co-parent sign up for Our Family Wizard, if the Court has not ordered you to do so already. Please check out the website as you are familiar with it prior to our first joint session. I have found that the clients who use this site are quite satisfied and find it to be very helpful for communication purposes, scheduling events on the calendar, expenses reimbursement, etc. I would also ask that you purchase a copy of "The Coparenting Survival Guide" which is listed on the resource page on my website. The best way to order that will be through Amazon, which my website will direct you to when you double click on the book.

You may contact my office at 210-223-0779 to schedule your first appointment. If you call the office and there is no answer, please leave a message and your call will be returned within 24 hours.

I look forward to meeting with you and working together in order to serve your children's best interest for now and in the future.

Respectfully,

Robin Brown MS, LPC, CDC
Parenting Facilitator.